

2009 – 2010 JUNGIAN PUBLIC LECTURES

Jungian Training Committee

West Midlands Institute of Psychotherapy

Saturday 7th November 2009

Social Dreaming Matrix

Led by Laurie Slade

Social Dreaming is a way of working with dreams in a communal setting, developed by Gordon Lawrence and others at the Tavistock Institute in the 1980's. In a matrix, we meet with a specific task, to share dreams and our associations to them, making links where possible. The focus is not on what dreams mean for the dreamer, but on our responses to the dreams we share – a process which enables us to pool our creative resources in an imaginative way. A period of reflection, after the matrix has closed, enables us to identify emerging themes, and to relate these to the subject-matter of the day.

Laurie Slade is a UKCP registered psychoanalytic psychotherapist, a member of the Guild of Psychotherapists, the Confederation for Analytical Psychology, and the International Neuro-Psychoanalysis Society. He has hosted social dreaming sessions for the past 8 years, in a variety of settings, both in the UK and abroad.

Money Makes the World Go Round: Or Does It?

Jan Wiener

In our culture, there has been a shift of values towards greed and narcissism with personal choice restricted mainly to the wealthy. We are living through years in which a crisis has overtaken our increasingly globalized world. In her paper, Jan Wiener will explore the effects on the values of psychotherapists and their patients of the present economic and social crisis. Money in the field of psychotherapy is unique in that it is both part of the frame and part of the process. However there is little written about its impact most particularly on the therapist. For St Paul, it was the love of money, rather than money itself that was the root of all evil. But this relationship is complex for psychotherapists since to practice, there is no love without money and if earning money is the only motivation for practice, therapists are unlikely to be able to provide emotionally what their patients really need. The paper will offer a theoretical and clinical perspective on these issues, weaving a thread between the individual, group and cultural complexes.

Jan Wiener is a Training Analyst for SAP and BAP. She works as Consultant Adult Psychotherapist at Forest House Psychotherapy Clinic in London, and in private practice. She teaches internationally and has been coordinator of a UK project in Russia. Her books include; *Counselling and Psychotherapy in Primary Health Care: A Psychodynamic Approach (1998)*; *Supervising and Being Supervised: A Practice in Search of a Theory (2003)*; *The Therapeutic Relationship: Transference, Counter-transference and the Making of Meaning* will be published in October 2009.

This event will be held between 10.15am and 2.45pm at Staff House, University of Birmingham.

The cost for the lecture (including lunch) is £70.00 (WMIP members) and £80.00 (Non-WMIP members).

Bookings must be made by 25th October 2009.

Cheques should be made payable to the Jungian Training Committee and sent to:-

Sue Harford, Administrator to the Jungian Training Committee, PO Box 955, Doncaster, DN10 9WR.

Telephone: 08444 631 341 Email: jtc@wmip.org

PLEASE NOTE: Written confirmation will be sent to you by post or email on receipt of your cheque.

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SOCIAL DREAMING MATRIX

Saturday 7th November 2009

Led by Laurie Slade

'Social dreaming' is a way of working with dreams, developed by Gordon Lawrence and others at the Tavistock Institute in the 1980's. Since then, its applications have been explored extensively, in various organisational and conference settings.

We meet in what is called a *matrix*. This is to distinguish the gathering from other kinds of group. Participants in the matrix have a specific task: *to share dreams and associate to them, making connections where possible*. There's no right interpretation or response. We accept that the associations we make are our own. As Gordon Lawrence says, *'Once a dream is offered, there can be as many associations as there are people in the room'*. At times we may sense a common theme or pattern emerging, what Lawrence calls *'a social meaning'*, but we don't aim for that in the matrix. We don't have to agree on the meaning of the dreams, either for the dreamer, or for the rest of us.

Sharing and responding to our dreams in this way enables us to articulate underlying concerns and to pool our creative resources. After the matrix, a period of reflection then enables us to begin making more specific or purposeful connections, between our experience in the matrix and external issues concerning us.

Participant comments

- *'Excellent' 'Very enjoyable in a warm and trusting environment' 'Full of energy'* (Guild of Psychotherapists Summer Conference, Oxford 2002)
- *'Excellent' 'Enriching' 'Has confirmed to me that social dreaming needs a bigger place in my life'* (Social Dreaming Weekend, Bristol 2004)
- *'A feeling of community in a wider sense' 'I'm touched by how open and honest people have been'* (Queer Analysis Conference, London 2004)
- *'This process feels a wonderful way to dialogue - a valid way of doing a small group' 'I don't think the same way I did at the start'* (6th International Neuro-Psychoanalysis Congress, Rio de Janeiro 2005)
- *'A stimulating and fascinating creative discovery' 'A space brimming with endless thoughts and images'* (Creative Consciousness workshop, Rose Bruford Drama College, 2006)

Further reading

Gordon Lawrence W (ed) (1998) - *Social Dreaming @ Work* – London: Karnac Books.

Gordon Lawrence W (ed) (2003) – *Experiences in Social Dreaming* – London: Karnac Books.

Gordon Lawrence W (2005) – *Introduction to Social Dreaming* – London: Karnac Books.

Social Dreaming Website - www.socialdreaming.org