

The Training in Contemporary Psychoanalytic Psychotherapy

SEMINAR – 11TH FEBRUARY 2012

“Regression”

Presented by

Mr Walter Gibson

Outline Biography:

Walter Gibson works as a psychoanalyst in private practise and is a consultant psychotherapist and head of psychotherapy for Bradford District NHS Care Trust. He is clinical lead of a specialist joint psychotherapy Borderline Personality Service and visiting lecturer for the Introductory Lectures, Institute of Psychoanalysis (Leeds) as well as psychotherapy trainings including the Tavistock and Portman D.58 & D.59 (Leeds). He has established and provided specialist psychotherapy services in cancer care and HIV/AIDS in addition to primary, secondary and tertiary care mental health services.

Time:	The seminar runs from 11.00 am until 12.15 pm when there will be a break for lunch* and informal discussion. It continues at 1.15 pm and finishes at 2.30 pm. <i>(*We are able to use the Arches Café at the hospital where lunch can be purchased. NB: For attendees who have a disability, the café is a 10 minutes fast walk from tutorial room 5 and therefore you may prefer to bring your own lunch.)</i>
Venue:	Tutorial Room 5, The Postgraduate Education Centre, City Hospital, Dudley Road, Birmingham B18 7QH (Tel: 0121 507 4489).
Cost:	£30.00 for WMIP members and £40.00 for non-members – cheques to be made payable to ‘The TCPP’.
Papers:	Many of the papers recommended in the reading list are available on the PEP online Archive. Please note access to PEP online is a benefit of WMIP membership.
CPD:	This seminar is eligible for CPD and a certificate will be issued if requested.
Car Parking:	Please note that the hospital has erected barriers to the car park and has introduced new charges. When attending the seminars, can you please come prepared as it is easier to pay by coins. The charges are from £2 to £5 for up to a maximum 8 hours.

Suggested reading for this seminar:

“The seminars will consider psychoanalytic understandings of regression starting from Freud’s model in three terms; topographical, formal and temporal. Different theoretical developments since Freud have led to corresponding differences in clinical technique. The aim of the seminars will be to consider and draw out participants understanding of regression to achieve a clearer relation between theory and practise in the consulting room.

The reading list consists of papers illustrating major psychoanalytic traditions and clinical papers. **Participants less familiar with this area may wish to concentrate on Balint or Winnicott papers and Rayner for an overview of the independent perspective before turning to other traditions as time permits.**

Walter Gibson”

Continued overleaf.....

**Committee Members: Helen Flanagan (Chair),
Rosie Hogg, Helen Maté, Christine Pitt, Martina Wright (Admissions Tutor)**

- 1**. D. Winnicott 'Through Paediatrics to Psychoanalysis' Collected papers 1992 Karnac Chapter 22 'Metapsychological and Clinical Aspects of Regression Within the Psychoanalytic Set Up'. P. 278-292
2. R.J. Perelberg 'Time, Space and Phantasy' 2008 Routledge Chapter 7, 'The Controversial Discussions and Apres Coup' p.106-131 (esp. 110-119)
3. Ed. B. Burgoyne and M. Sullivan 'The Klein-Lacan Dialogues' 1997 Rebus Press Robin Anderson 'The Unconscious: A Kleinian Perspective' p.149-158
- 4**. Gibeault, A. 'In Response To Otto Kernberg's 'Psychoanalysis, Psychoanalytic Psychotherapy and Supportive Psychotherapy: Contemporary Controversies' (2000) IJPA 81 379-383
- 5**. M. Balint 'The Basic Fault: Therapeutic Aspects of Regression' 1979 Tavistock Publications:
Chapter 4 The Area of the Basic Fault p.18-24
Chapter 14 Regression and The Child in the Patient p. 79-92
6. Ed. E. Rayner 'The Independent Mind In British Psychoanalysis' 1991 Aronson The Patients Regression In psychoanalysis p.190-205
- 7**. Bollas, C. (1996) 'Borderline Desire' Int. Forum of Psychoanalysis 5:5-9

**Papers 2, 3 and 6 are available in electronic format for seminar participants only.
If you have booked a place and would like copies prior to the seminar,
please let Carmela know.**

** These papers are available on the PEP online Archive at <http://pep-web.org/>
Access to PEP is a benefit of membership of WMIP. For further information about WMIP
please contact the Administrator at on 0121 455 7888 or at admin@wmip.org

Space is limited; therefore it is advisable to book a place if you wish to attend

**To book a place, please contact Mrs Carmela Billingham (The TCPP Administrator)
on Tel: 07939 255534 or E-mail: tcpp@wmip.org**

***NB: First time visitors to the seminar will need to complete a registration form in
advance, obtainable from The TCPP Administrator***

**If you no longer wish to remain on the mailing list, please inform
the TCPP Administrator who will remove your details from her records**