



The Jungian Training Committee



of The West Midlands Institute of Psychotherapy

Presents an Evening Lecture with

Phil Mollon

PSYCHOANALYTIC ENERGY PSYCHOTHERAPY

Monday 22nd September 2008

7pm – 8.30pm

(Tea / coffee from 6.30pm)

Birmingham Medical Institute, 36 Harborne Road, Birmingham, B15 3AF

Whilst talk-based forms of psychotherapy can be helpful, they often are not able to address the deep energetic structures that underpin recurrent patterns of dysfunctional thought, emotion and interpersonal behaviour. This is particularly the case in relation to the complex bodily physiology of trauma reactions. By working with the subtle energy system, at the interface of mind and body, we create a powerful therapeutic synergy that allows rapid and profound release into the freedom of the present moment. Phil Mollon will demonstrate how the disturbance experienced in the mind is also expressed as information in the body's energy field. Simple procedures allow this to be addressed alongside more conventional psychotherapy.

Phil Mollon is an IPA psychoanalyst and clinical psychologist. He has written a number of books on trauma, dissociation, narcissism, shame, EMDR and, most recently, Psychoanalytic Energy Psychotherapy. He is a certification consultant for the Association for Comprehensive Energy Psychology and a member of the British Complementary Medicine Association. In addition to his work within the NHS, he has a small private practice.

Cost of Event- £30.00 per person

Please apply by writing to: Sue Harford, Administrator to the Jungian Training Committee, PO Box 955, Doncaster, DN10 4WR (written confirmation will be sent to you by post or email on receipt of your cheque).

Alternatively, if you would like further information please contact Sue Harford on 0870 7518828 or by email at jtc@wmip.org