2010 / 2011

JUNGIAN PUBLIC LECTURE SERIES

Contemporary Jungians in Practice:
A series of papers which illustrate the influence and application of Jungian concepts to the practice of analytical psychotherapy

presented by

The Jungian Training Committee

of

The West Midlands Institute of Psychotherapy

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Saturday 6th November 2010

SOCIAL DREAMING MATRIX
Led by Laurie Slade

Social Dreaming is a way of working with dreams in a communal setting, developed by Gordon Lawrence and others at the Tavistock Institute in the 1980s. In a matrix, we meet with a specific task, to share dreams and our associations to them, making links where possible. The focus is not on what dreams mean for the dreamer, but on our responses to the dreams we share – a process which enables us to pool our creative resources in an imaginative way. A period of reflection, after the matrix has closed, enables us to identify emerging themes, and to relate these to the subject-matter of the day.

Laurie Slade is a UKCP Registered Psychoanalytic Psychotherapist, a member of the Guild of Psychotherapists, the Confederation for Analytical Psychology, and the International Neuro-Psychoanalysis Society. He has hosted social dreaming sessions for the past 9 years, in a variety of settings, both in the UK and abroad.

SELF-ANALYSIS THEN & NOW: FROM JUNG’S ‘RED BOOK’ TO THE COUNTERTRANSFERENCE
George Bright

Christopher Bollas has suggested that countertransference allows the contemporary analyst to regain a function largely lost since Freud’s account of his self-analysis. With the publication of Jung’s ‘Red Book’, we can now study at first hand the product of Jung’s self-analysis. At exactly the time that he was producing the Red Book, Jung introduced the term ‘countertransference’, emphasising its necessary and helpful role in the analytic process. In this talk, George Bright will develop from Jung’s self-analysis as recorded in the ‘Red Book’ some practical thoughts about the ways in which psychotherapists undertake daily self-analysis as we study what is going on in ourselves as a way of trying to understand what may be going on in our patients: the process we call ‘countertransference’.

George Bright is a Professional Member of the Society of Analytical Psychology and a Training and Supervising Analyst for the Jungian Section of the British Association of Psychotherapists. His work has been published in English, French and German journals and he was awarded the 1997 Michael Fordham Prize for his paper on 'Synchronicity as a basis of analytic attitude'. He is in private practice in London.

APPLICATION DETAILS

This event will be held between 10.15am and 2.45pm at Staff House, University of Birmingham
The cost for the lecture (incl. lunch) is £75.00 (WMIP members) and £90.00 (Non-WMIP members)

Bookings must be made by 30th October 2010

Cheques should be made payable to the Jungian Training Committee and sent to:-
Sue Harford, Administrator to the Jungian Training Committee, PO Box 955, Doncaster, DN10 9WR
Telephone: 08444 631 341   Email: jtc@wmip.org
Saturday 22nd January 2011

THE VALUE OF JUNGIAN THEORY IN UNDERSTANDING PERVERSION AS A COMPREHENSIVE PSYCHOPATHOLOGY
Fiona Ross, D An Psych CPsychol AFBPsS

The theoretical understanding of perversion is neglected in analytical psychology and narrowly developed in psycho-analysis, where it has traditionally referred only to sexual perversion.

The identification of four central differences between Freudian and Jungian interpretive traditions offers scope for a Jungian understanding of perversion as a response to early trauma, with intrapsychic deception enacted relationally in the outside world through addictive, vengeful behaviour which is not necessarily sexual. This involves broadening the concept of libido, linking instinct to the collective unconscious, acceptance of archetypal governance in psychic organization, and understanding of a futural sense in the psyche.

A theoretical formulation is presented in stages with illustrations drawn from three biographies, exemplifying sexual perversion, bodily perversion, and emotional or cognitive perversion.

Fiona Ross is a professional member of the Society of Analytical Psychology. She works in private practice in London as an analyst and psychologist. She teaches for a number of analytic and psychotherapy training organisations. She is author of “Understanding Perversion in Clinical Practice: Structure and Strategy in the Psyche”, Karnac 2003, since which she has undertaken research on the contribution Jungian theory can make to the understanding of perversion.

Saturday 5th March 2011

‘BETWEEN GRIEF AND NOTHING, I WILL TAKE GRIEF’
(William Faulkner, The Wild Palms)

AGGRESSION, MOURNING AND THE SURVIVING OBJECT:
AN EXPLORATION DRAWING ON THE WORK OF D.W. WINNICOTT
Sarah Cooke

Winnicott started thinking about aggression in 1939 and continued to develop and refine his ideas about both aggression and destructiveness through nearly three decades, culminating with his 1968 paper on ‘The Use of an Object and Relating through Identifications’ which contains his helpful but very complex ideas on object relating and object usage. It has led to the concept of the ‘surviving object.’

In this paper Sarah Cooke will trace the evolution of Winnicott’s thoughts on aggression, specifically in the context of how it relates to grief and the work of mourning. Sarah explores the question as to how far the capacity to mourn in adult life is contingent upon having had a surviving object in infancy.

Sarah Cooke is a member of the SAP, a professional member of WMIP and a professional member of FPC. She combines a practice in Jungian analysis, psychotherapy and supervision with working in a university counselling service. She is a former assistant director of the Squiggle Foundation which exists to disseminate the work of Winnicott and she has taught and lectured on Winnicott’s work in a number of different settings.
Saturday 14th May 2011

‘WHO DO YOU THINK YOU ARE?:
THE USE OF GENEALOGY IN THE SERVICE OF INDIVIDUATION
Heather McCartney

The title of the BBC’s popular TV series in which an individual traces their family tree makes playful use of the notion that our self-identity resides, in part, in the collective pool of ancestors who precede us. In this paper Heather McCartney will consider some particular characteristics which emerge from clinical work with patients who have presented with difficulties related to multi-generational family businesses and how these have impacted on their ability to separate from the familial matrix and on their individuation.

Heather will focus in particular on one patient’s creative use of genealogical themes in her analysis in the struggle to establish a sense of self and aliveness in the world.

Heather McCartney is a Jungian Analytical Psychotherapist who practises in Birmingham and Peterborough. She is Chair of the Training in Jungian Analytical Psychotherapy at the West Midlands Institute of Psychotherapy, and a former Editor of the WMIP Journal.

Saturday 11th June 2011

GIFTS, TALISMANS AND TOKENS IN ANALYSIS:
SYMBOLIC ENACTMENTS OR SINISTER ACTS?
Joy Schaverien

Metaphorical objects commonly feature in analysis; but a gift is not a metaphor: it is a tangible object. In a development of her work with pictures, Joy Schaverien will consider gifts and other material objects presented in analysis. A distinction is made between two types of symbolic object; those that are unconsciously, magically empowered as talismans and those, more consciously, treated as tokens. Unlike an imaginal one, a physical gift requires some form of disposal, and so the analyst may feel under pressure to act. This pressure will feel more urgent with some than others; for example, flowers or food decay, but other gifts may be retained; giving time for insight to emerge. Therefore disposal, that is the resolution and settling of the object, is significant.

Professor Joy Schaverien PhD is a Professional Member of the Society of Analytical Psychology; a Training Therapist and Supervisor for the BAP (Jungian Section) and Visiting Professor in Art Psychotherapy at Sheffield/Leeds Metropolitan University. Her private practice, as Jungian Analyst and supervisor, is in the East Midlands and she has been involved with the WMIP Jungian training since the early 1990’s. Her many publications include: The Revealing Image (1992), Desire & the Female Therapist (1995) The Dying Patient in Psychotherapy (2002) & Supervision of Art Psychotherapy (2007)

APPLICATION DETAILS FOR JANUARY – JUNE 2011

The lectures from January to June 2011 inclusive will be held at The Priory Rooms, Quaker Meeting House, 40 Bull Street, Birmingham B4 6AF (www.theprioryrooms.co.uk) between 10:00 – 12:45. The cost for each lecture is £35.00 for WMIP members and £45.00 for non-WMIP members. Bookings should be made at least a fortnight before the lecture to be attended. Cheques should be made payable to the Jungian Training Committee. For further details contact: Sue Harford, Administrator to the Jungian Training Committee, PO Box 955, Doncaster, DN10 4WR. Telephone: 08444 631 341, Facsimile: 08444 631 346, Email: jtc@wmip.org, Website: www.wmip.org