

# 2009 – 2010 JUNGIAN PUBLIC LECTURES

## Jungian Training Committee

West Midlands Institute of Psychotherapy

**Saturday 5<sup>th</sup> June 2010**

### **Trauma and Loss of Soul**

*Donald Kalsched, Ph.D*

As a consequence of early childhood trauma, drastic means are employed by the psyche as it self-splits to protect a part of the self - a part that is put in cold storage for possible re-growth later. Dr Kalsched will be drawing on Steiner's 'psychic retreats' and his own 'daimonic self-care system'. He will argue that the 'self-care system' has a special relationship with the 'soul-image' to ensure that the part-personality that carries it is kept out of the suffering of life; but also kept out of the suffering necessary for transformation. He will speak of the role of therapeutic 'betrayal' or 'failure' that will hopefully lead to failure which is, as Winnicott put it, 'within the orbit of omnipotence'. He will argue that psychotherapy with trauma survivors requires a spiritual orientation, given the spiritual significance of the imagery encountered during the analytic process.

Dr Donald Kalsched, is a Clinical Psychologist and Jungian analyst in private practice in New Mexico. He teaches and lectures internationally on the subject of early trauma and its treatment in adult patients. His work brings together the ideas of C. G. Jung and British Object Relations, as well as attachment theory and recent discoveries in the realm of affective neuroscience. His book *The Inner World of Trauma; Archetypal Defenses of the Personal Spirit*, is in its 5th printing and has been translated into many languages. Currently he is working on a new book *Trauma and the Soul*.

### **Metaphor and Metamorphosis. The Importance of Metaphor in the Process of Changing Minds in Therapy**

*Margaret Wilkinson*

Metaphor may take many shapes or forms. It is characterised by novelty and creativity and seems to be one way in which seeds of change are sown within the mind. Metaphor stimulates brain activity and facilitates change and development in the mind-brain-body being. Awareness of metaphor comes not only through listening to the patient's story but also through attending to the evolving symbolism in the transference and counter-transference. Margaret Wilkinson believes it is this new experience of relating, aided by insight arising out of exploration of the symbolic as it presents in metaphor, which enables the development of a secure attachment, adequate affect-regulation and a more coherent sense of self.

Margaret Wilkinson is a professional member of SAP, WMIP and of the editorial board of the JAP. She teaches neuroscience for NSCAP and SAP. She lectures internationally on neuroscience and its relevance to clinical practice. She is the author of numerous papers. Her book *Coming into Mind. The Mind-Brain Relationship: a Jungian Clinical Perspective* was published by Routledge in 2006. Her forthcoming book *Changing Minds in Therapy* is to be published by Norton in 2010. She is in private practice in North Derbyshire. Her email address is [mwilkinsoncurbar@yahoo.co.uk](mailto:mwilkinsoncurbar@yahoo.co.uk)

**This event will be held between 10.15am and 4.00pm at Staff House, University of Birmingham.**

**The cost for the lecture (including lunch) is £70.00 (WMIP members) and £80.00 (Non-WMIP members).**

**Bookings must be made by 22<sup>nd</sup> May 2010.**

**Cheques should be made payable to the Jungian Training Committee and sent to:-**

**Sue Harford, Administrator to the Jungian Training Committee, PO Box 955, Doncaster, DN10 9WR.**

**Telephone: 08444 631 341 Email: [jtc@wmip.org](mailto:jtc@wmip.org)**

**PLEASE NOTE: Written confirmation will be sent to you by post or email on receipt of your cheque**